

Spirituality 2025

For the past two years we have had a spirituality program in the fall. This year, we take up the practice of discernment. Discernment is a gift offered to everyone who believes in Jesus Christ. Those growing into a spiritual life hear St. Paul: *Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God—what is good and acceptable and perfect* (Rom. 12:2).

The program will begin the week of September 21 and run for six weeks. Each session lasts about an hour to an hour and a half. Once we know how many people plan to attend, we will establish a place and time for the meetings. We hope you will join us. Past spirituality programs have been a great way to meet other in the community and better develop our spirituality and relationship with God.

Whether you are familiar with discernment and make it part of your regular spiritual practice, or curious about the practice of discernment, we invite you to join us for a six-week program on discernment. We will use the book [*Always Discerning*](#) by Fr. Joseph Tetlow, SJ as the main source of material for the program and use some other resources as appropriate. The book can be purchased on [Amazon](#) and other book websites in either paperback or electronic format. Each week, participants will read a couple of short chapters in Fr. Tetlow's book and reflect upon them. During the weekly meetings we will share our experiences and pose questions about the practice of discernment.